

That DAMNED Magazine from CiTR 101. 9 FM

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EDITOR'S NOTE

"The connection is at a place where our personal realities, that may make us feel so othered or displaced, can be recognized as still being human and worthy." Fatemeh Ghayedi, Arezoo: Intimacy and Iran

hate the part of me that has become disciplined. I notice it more these days. It's in how I structure my days, even the days supposedly given to leisure. I notice it when a friend's schedule doesn't fit mine and the waywardness of other people is less beautiful than it is distressing. When I listen to new music my first thought is not, "am I enjoying this?" but rather, "*how would I categorize this?*" If I'm going out, I want to be there by a certain time, and I'll

start to stress out if I'm not. I clench my jaw. I check the time. I start fucking with my split-ends. What magic am I denying myself by living so meticulously? Why do I feel, in a world that, without fail, automates and compartmentalizes my time, like I have to do the same for myself? Efficiency is so inescapable that it has become a cliché. We laugh about it. We say "this is life" under capitalism. And yet, sometimes I worry that, regardless of our ironic self-awareness, the more we joke about it, the more we lose grace to it.

I know I'm being sentimental. I'll be blunt. Once I started pulling at this thread I found myself interrogating a whole bunch of other processes. In particular — art, music, and it's criticism. This stuff wants to be slippery. Despite the ways in which we will try and structure everything, the music we write and listen to exists outside of objective ranking systems or categories. Genres aren't dead, they're simply becoming less disciplined. Genre is subject to passions and irregularities and ugliness and fragility; and, as long as a community for something exists, the genre exists. In his interview with Chain Whip, writer Tate Kaufman concludes, "Endless threads to pull at, to tip the balance, dangling like golden chains on a chandelier. It's hard to tell how deliberately each gem has been plucked from the bunch, if there's an overarching narrative, or rather the clumping of emotionally magnetized vignettes.' It reminds me that the space between music, and the person listening to it, is a rowdy bridge to write. In Katherine Chamber's interview with playwright Rhiannon Collett, she explains, "I like the humanity of it all, I guess. I'm a really big fan of things that are really physical, and also really rough, and vulnerable, where mistakes can be made, and it's just messy." And look, even if *Discorder* is home to "media journalism" it's in the spirit of what I believe good criticism to be: undisciplined. Kinda personal. The stuff people keep coming back to. Or never will again. Endless threads to pull at. Is there a better metric than that?

Asdlkjfahsldkfjahsldfkjahsdflkaj yours,



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sin in My Heart or contributor bios of Nou/Dec 2021

Katherine Gear Chambers

Katherine has recently moved to Toronto and is working towards an MA in English and Women & Gender Studies. Her work focuses on feminist zines, nationalism & CanLit, and listening as a world-building feminist practice. She is grateful for the generous, creative and radical people she has followed here, and for constant reminders to slow down.

Allison Eng

Allison Eng is a corporate zombie by day and an illustrator by night. She's attempting to break free of the shackles from her day-job and is on a journey to become a full-time freelance illustrator. You can find her on Instagram at @designenggg she'd love to chat!

Peyton Murphy

Peyton Murphy is an undergrad student at UBC. In her spare time, she enjoys spending money she does not have on vintage clothing and fancy cocktails. You can find her on Twitter @pmurph____ and Instagram @_peytonmurphy

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Fabio loves writing, music and philosophy on good days. Probably having an existential Isa S. You crisis rn.

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Jane Diopko is a 3rd year Media studies student, social media manager, filmmaker, graphic designer, general content creator and writer. Who also loves dogs.

Phoebe Telfar

Phoebe is a photographer / writer. Hoping to bring more Manaakitanga to media. Currently into: Pirate clothes. Feel free to reach out anytime (IG: @pho.telf)

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Hayley works professionally as a Graphic Designer in the publishing field. Her main focus and passion lies in editorial design and illustration.Hayley enjoys playing guitar in her band Guppi, attending local JJ Mazzucotelli shows or events (when safe), crafting, spending time outdoors and praising her cat. Instagram: fleshandbone__ Website: hayleyschmidt.com

Alicia Lawrence

Artist, visual designer, creative writer

Tamara Chang

Tamara is a portrait photographer based in Vancouver. To view more of her work, visit www.tamarachang.ca or @tamarachangphotography on Instagram.

Abi Taylor

Spending more time outside than drawing lately, but that's ok.

Todd McCluskie

Todd McCluskie is a vinyl enthusiast, music lover, member of the punk band Social Outcasts (vancouver) and can be heard weekly on CJSF's The Blurred Crusade (the best in punk & post-punk)

Tate Kaufman

Tate Kaufman is a writer, activist, grappler and fan of anything birthday cake flavored.

Francis Billie Cullen

19 years old. I wouldn't be surprised if we met one day and I cut your hair.

Isa S. You: Part-time student photographer, full-time emotional cowboy.

Tatiana Yakovleva

Tatiana is a hobbyist artist located in White Rock. She is an immigrant from Russia and she is studying Accounting in college.

Zane Coppard

Zane Coppard is a multifaceted musician who brings aspects of his avant-garde experiments into a beautiful union with pop music. Pulling from vast musical influence, not only those famed from the present and past but also having been steeped in music at home as a child, Zane has garnered a unique ability to express many aspects of the human experience through what he creates.

JJ (They/Them) is a photojournalist and Historian from Reno, Nevada and is currently pursuing their Masters here in Vancouver. Their work can be found on Instagram at @faerie_gothfather.



Andrei Anghelescu

Andrei draws. Sometimes on people! @spooky_skeleton_wizard

Katrina Gulane (SKITZKERS)

A bird enthusiast, astrology girl, lover of literature (especially Stephen King). 20 years old, a Sagittarius, Hugh Grant film enjoyer.

Daniela Rodríguez

Also known as DJ D-Rod or @la.tacodelic, Dani Rodríguez Chevalier (she/ella) is a part-time book shelver and a full-time dog lover. She lives on the unceded territories of the x^wmə θ k^wəýəm, Skwxwú7mesh, and səlílwəta?4 nations.

Fatemeh G.

Fatemeh (she/her) is an Iranian writer now living on x^wməθk^wəýəm, (Musqueam), Skwxwú7mesh (Squamish), and səlílwəta?4 / Selilwitulh (Tsleil-Waututh) land, where all she does is do the only thing she knows how to do: be silly.

Amanda Thacker

Amanda is a dry red with a full body and approachable tannins. Notes of anti-capitalist angst and environmental despair. Pairs well with 50s Jazz and A&W.

Tiffany Ma

Tiffany Ma is an undergrad at UBC, studying Philosophy and CNERS (Classical, Near Eastern, and Religious Studies). She is also a contributor to the show Against the *Current* at CiTR radio, and occasionally writes for the student newspaper Ubyssey. tycma2018@gmail.com

Shayna Bursey

Shayna is a long time 'just for fun' writer that has begun taking her passion for words a little more seriously. When not writing, she can be found attending local shows, cross stitching furiously, and overthinking all aspects of her life.

> It's easy to get on this list. Contact editor@citr.ca or artcoordinator@citr.ca



A rare and belated note from our publisher

we have changed our definition of what it means to be connected. Practices that have been viewed as antisocial or unhealthy behavior, like social media, or multiplayer online games, have become preferred methods for maintaining relationships. We have all been forced to develop the habits of introverts, and regardless of method, our interactions are no less valid.

an organization which previously thrived on events and in-person interactions. We are first and foremost a learning institution, providing training and hands-on experience in media. Every article in Discorder and every show on our airwaves is produced by volunteers — they are the ones that give CiTR & Discorder its unique voice. We aim to a crowd would cause me anxiety, but my provide our platform as a media organization to as many different perspectives possible, in particular equity-seeking communities and stories that may not be covered by the mainstream media. Our effects the pandemic will have on our philosophy is to give our volunteers the skills and knowledge to express their don't go back to business as usual now ideas - and then get out of their way. that we have the experience, and infra-Without being able to access our studio or offer in person training, we felt extremely limited in what we could provide during ability to jump in with both feet an equal the pandemic.

However, switching to remote creative community will do the same. connection, and support for this content creation, removed those previously "insurmountable" barriers by offering

more resources to volunteers with ver the past 18 months, physical, geographical, or social reasons for staying away. In retrospect, it's glaringly obvious that a focus on accommodating people electronically would allow us to serve a larger population. It's embarrassing and somewhat shameful why haven't we been doing this all along? Streaming musical showcases makes every gig all-ages. Panel discussions can include voices from all over the world. Anyone with internet access can attend every performance, lecture, or museum tour from wherever they are, without worrying about capacity and usually without a cover charge. For us, it also means that we can offer anyone, anywhere, training and the ability to • he impact on CiTR & Discorder get their voice heard on the airwaves has been dramatic, especially as or in print, now that we have the tools to do so.

> As a textbook extrovert, I am overjoyed at the prospect of the return to in-person connection. On September 5, CiTR & Discorder hosted the Victory Square Block Party, and I spent most of the afternoon on the verge of sentimental, sappy tears. I was worried that being in excitement and joy greatly overshadowed any other feeling.

> I understand that I may not be in the majority. Who knows what long-term psyche. Regardless, it's important that we structure, to expand our capacity. CiTR will continue to give those without the seat at the table, and I hope the larger

– Ana Rose Carrico



"Running Bead"





A CONVERSATION WITH CITR'S PROGRAM MANAGER JAMIE LOH (AND JASPER SLOAN YIP)!

words by Esmée Coulbourne // illustrations by Jane Diopko

to reach out — any programming. time. You don't have

to be in Vancouver. If you want to make radio we can help. We can help you produce it and help you find your voice" (Sloan Yip.)

For this article, Discorder spoke to Program Managers Jamie Loh and Jasper Sloan Yip about what it means to manage radio programming at CiTR during the pandemic, how anyone can get started in radio at home, plus some of their favourite shows on the airwaves.

Approaching programming with the motto, "programmers get to design their own experience," Jamie and Jasper work to get people on the radio and then "get out of the way" (Sloan Yip.) A program manager's role is curation, education and support. It was evident when interviewing Jamie and Jasper that they both have ears on the ground and on the FM signal, knowing what their listeners are asking for and trying their best to give volunteers the resources the folks have stepped up to keep the station station has. These two are also in charge of special programming, writing grants for mini-series on celebrations like Asian Heritage Month or Vancouver Pride, and that the studio is closed, training for internal training.

CiTR previously went to UBC where she trainings that you can do: show host and studied media and art history, connecting with the music community through taking photos for *Discorder*. Graduating pre-record a show. We teach people how in 2020 with experience making podcasts, to use Audacity, which is the free audio Jamie was hired right in the middle recording and audio editing software. of the pandemic as an Outreach and Andhonestly, you just need Audacity and masterclasses online. Engagement Coordinator. She then took a computer. If you have a phone, there Historically CiTR over for Jasper in August 2021, covering usually is a recording app on there. [...] I has been on hiatus his paternity leave, and during that time think a lot of people think you need a lot during the summer but brought a lot to the station, including of good gear. But honestly, a phone and community members a master class series and developing audacity is literally all you need — It's are still interested some awesome shows. Well known in super accessible" (Loh.)

anyone who has an taking time off from work, he plans on thought of having to record an hour or decided to help. Creating a weekly interest or curiosity in heading back over to the station soon, radio and podcasting and is excited to implement new inclusive generally start with thirty minute blocks, staff members to host workshops and



ith longer term closures, CiTR was afraid that engagement would be lower: no shows to go to, no volunteer events, no tabling, and no flow through the station. Luckily numbers have stayed solid, and both Jamie and Jasper are impressed how on air. Curating artists, volunteers and radio programmes have changed since the pandemic started. In spite of the fact volunteers is available online, accessible Jamie, the interim Program Manager at to anyone who is interested. "There's two production training. That would equip you with all the skills you would need to

Vancouver's arts scene, Jasper, who was "I don't think a lot of people know educational events. the Program Manager before his leave of that they can just produce very short During Summer 2021, absence, has been working at CiTR for a content here, or even just a series [...] I many folks were few years, transforming from musician, to need to plug that more for sure" (Loh.) requesting training.

would encourage podcaster, and now, to parent. Although Good news if you are intimidated by the Jamie saw the community's need and pression conversations, which highlights Rose Carrico. historic BC spaces and events that some people might not have heard about — and Jasper Sloan Yip are waiting to help for example The Chinese Head Tax, you. Their job is to support curiosity and Hogan's Alley" (Loh.) Only six and creativity, while reducing harm to eight minute long, Forgotten BC by educating themselves and valuing is educational and accessible. From kindness, accessibility, and the joy of radio a programming perspective they are — whatever that sounds like. Whether great because they can be cyclically you are interested in Spoken Word or played throughout the week and inter- Music programming, or something a mingled with shorter programming and announcements. Perhaps as a byproduct of isolation, CiTR's programmers have stopped focusing on only music and introduced more spoken word programming, internally and externally. "The way our station works is if there isn't a scheduled program, we have shuffle algorithms that play music we curate. So we just the community if they want to produce programming@citr.ca. something like Forgotten BC. You don't have to necessarily have a slot on the grid to be on the air here. You can produce that kind of content, or you can pitch an

> idea for shorter content and it can be handled in a very non-traditional way" (Sloan Yip).

> n top of regular training you can watch CiTR's in participating in

half-hour show! Although new hosts masterclass series, she invited different CiTR is currently looking for micro- answer questions about the Adobe content, like their series Forgotten BC, Suite, Spoken Word, and one of the "a series that was created out of our most popular, Grant Writing, which was ongoing equity conversations, anti-op- hosted by CiTR's station manager, Ana

> Considering all this, CiTR, Jamie Loh little more DIY, reach out! You might be surprised at the radio you make.

CiTR 101.9 FM is situated on the unceded, traditional Coast Salish territory of the Həndəminəm speaking Musqueam peoples at UBC. Have an idea for a treat it like that [...] we put out calls to new show? You can contact Jasper at



NX

words by Tiffany Ma // illustration by Skitzkerz // photo by Isa You

met with Franz at Upstart & the serotonin to be ok..." The emotionally black strokes and the a local bookstore located on Granville Island. It was a late afternoon on a typical rainy day in Vancouver. At 6pm, most of the stores in the neighborhood were already closing for the day. The only places left open were the restaurants and bars. As I turned at the next intersection, across from the quiet empty streets, the lights from Upstart & Crow were shining right through, "Open," the sign reads, still hanging on At home, her love for the arts and stands on a patch the door.

Enable: Arts Society, Franz also works heritage - "The children of immigrants to change / baggy sweat pants and an and the third line, "in love" is to the right. part-time at this bookstore. Franz recently are trying/ to learn their culture from oversized jacket," Franz swings back Combining these three lines — visually graduated from Kwantlen Polytechnic textbooks," she writes in "Displaced and forth. With her hand slightly tilted, this first sentence "You send me a song University, where she earned her bachelor in a Classroom." In the poem "Bare," she swirls and swirls as she hits the of falling in love" is indeed descending of arts in creative writing.

I push open the door. The bookstore Catholic School days, confronting an to communicate is magnified by the feels very homey, artsy, and welcoming. extra layer of colonization in her family's bodily performance. When asked how hoping to get a sound installation and The wooden shelves are lined up long Catholic history, tracing back to she decides which poetry to perform at a performance project off the ground in side-by-side, a wooden ladder propped the Portuguese and British era — "Legs up against one of the shelves to break crossed on a Catholic classroom carpet the monotony. There is a variety of book / My tunic doesn't hide whole thighs / in genres, creating a symphony of colors — the springtime socks knee-high." Franz the rosy red, golden yellow and forest explained that it is a slow and gradual green. At the center of the store are three process of unlearning and relearning to rectangular wooden tables, on them were embrace her own identity. some featured books, perfume bottles, stationery and homewares.

the back of the store. Franz is wearing the medium for all our encounters with an oversized button-up, with blue and the external world," Franz expressed green highlights in her hair and turquoise during our interview. Her workshop, green nails. One of her arms is covered in tattoos — an open skull with a heart inside, a ghost flying off with a balloon, a bumblebee and a vampire lip bite, to invite one to be present in their body and name a few. "Almost every tattoo caused to let go of all worries. What follows is to bottom are two longer sentences that a fight with my mom," Franz explained, a non-judgmental exercise, of which the overlap at the very center of the page. I much darker and the streets quieter than "but they are too important to me to stop participants are asked to simply let ideas asked her during the interview about this when I got here — the lights are still getting them." Tattoos allowed her to find a place to belong, and to control how those ideas as they surface. Franz finds half was writing about my elementary Arts Studio, in fact, brighter than ever. other people see her. "And yes, I'm going that a mindfulness practice helps writers school days, and the bottom half about Franz's sense of confidence, with a hint to get more," Franz added resolutely. concentrate better during their own my high school days. The middle two of rebelliousness, still lingers on my mind.

Franz exudes a sense of confidence and process. a hint of rebelliousness, whether it be in her fashion or her poetry. When asked to describe her style of writing, Franz replies: "Confessional and multi-genre," and I agreed. Her poem, "OKAY" starts Poetry not only lives on the two-dimen- 14th" Franz had the poem divided into off "Rain is a pain/My brain can't/sustain sional sheet of paper — in between the three vertical columns. The first line "You

Crow: Literary Arts Studio, charged confessional continues, "I wake imposing white spaces up with a pain/between my shoulder — to Franz, poetry blade and ribcage." Writing, to her, is is inscribed in and an inherently vulnerable process. It is an transformed through activity that allows one to explore past the poets' very own traumas, to revisit and heal wounds.

Growing up in a relatively strict Catholic utterance, the hand School in Surrey, Franz was never given gestures, the waving the space to express herself. "It was a and the dancing. In a lot of suppression," Franz sighed. At recorded performance school, Franz had to wear a uniform of "Displaced in a and oblige traditional social standards. Classroom," Franz writing wasn't initially encouraged as of green grass, a professional pursuit. Living in the overlooking the shoreline. As she read send me a song," is aligned to the left, the In addition to being the founder of diaspora, Franz feels estranged from her out in a wresting tone, "I am too tired second line, "of falling" is at the center, Franz opens with a recollection of her ground. The distress the poem intends

There's a strong sense of embodiment and the poet, and one between the poet stories inspired by childhood trauma, in Franz' work, "I'm fascinated by the We sit on the black leather couch at mind and the body, of how the body is "A practice: play, poetry, pranayama" focuses on writing and embodiment, and begins with mindfulness practices which generate, and to not judge the content of layout, and Franz explained, "The top beaming from Upstart & Crow: Literary

bodies in the verbal

an event, Franz explained that right now 2022, and Franz will be performing at she has two to three pieces memorized, Mashed Poetics this November. She also "depending on how long my segment hopes to finish her novel in a year. performances are dynamic, intentional, and impactful.

page, while the bottom half is aligned to the right. Transitioning from the top like too. sentences overlap to show the connection between these two stages of my life here's another way in which — of a continued journey of uncov-Franz embodies her work, in a ering my identity amidst the noise and more literal sense: performing. suppression." In another work, "Avril



on paper.

What's next? Enable: Arts Society is

is, my mood that day, and the audience Franz tells me "I'm learning how to response, I decide in the moment." A create from joy, but I need to resolve the performance is multi-faceted: it is at once trauma first," she pauses, "Eventually an interplay between the poem itself there will be happier stories." In writing and their audience. In this way, Franz' Franz gives a voice and reassurance to others in situations similar to hers, "What were the things my 13 or 17-year-old This is not to neglect the written forms self needed to hear?" She explains. In of poetry. Franz likes to experiment with helping herself, Franz also hopes to help form in her work. In "Bare" the top half other people, "I hope my story can meet of the text is aligned to the left of the others, amidst theirs." I look forward to seeing what Franz's next chapter will look

As I leave the bookstore — the skyline

OKAY,

Rain is a pain/ My brain can't/ sustain the serotonin to be ok with waking up/ each morning/ I wake up with a pain/ between my shoulder blade and ribcage/ I've learnt to be ok/ High functioning/ I function high/ and I don't know if I'm ok with it/ I've learnt to be ok /with the way my pain bleeds/ poetry/ Can we/ write verses/ meaningful/ without ripping

open/ Showing the world /our intestines/ I'm tired/ of bleeding for the page/for the stage/ Can we use these words/threads stitch/ back whole/ back together/ My dreams are past the sky/ I'm not ok with 9-5/ I'm not ok with windswept umbrellas/the closest version of flight/ I'm not ok with listening /as trees fall/ as dreams fall/ when we're all/ around to hear it/

The windshield wipers are on high/I want to

splash/

into puddles/

ripple change



RHIANNON

WORDS BY KATHERINE GEAR CHAMBERS PHOTOS BY TAMARA CHANG ILLUSTRATIONS BY BEAU TODOROVA

"I love theatre because of its immediacy, because of its intensity, because of its capacity for things to go wrong. There's just something about the adrenaline of throwing yourself into that situation that I love[...] I like the humanity of it all, I guess. I'm a really big fan of things that are really physical, and also really rough, and vulnerable, where mistakes can be made, and it's just messy."



- surrounded by lockers, loud students and abrasive flash photography - to a small group of about twelve students.

"We finish the show and I'm like, "that was literally the worst show I have ever done,"" Collett remembers, "but then the lights come up and there are ten gay teenage girls sitting in the front row going, "YEAH, THAT WAS AWESOME!" Like, "We are so gay, and that was so cool."

The high school gymnasium production ended up being the most gratifying and significant of the tour. The girls' enthusiasm and gratitude offered Rhiannon and their team recognition of the importance and value of their work. No other audience responded with quite the same gusto, nor the same insight into why the play is so worthwhile, and so necessary.

"I never really had queer representation when I was a kid, growing up in North Van," Collett explains. "I knew I was bisexual when I was about fifteen. I've always known I was queer, but I always shoved it down because I really needed the validation that came from having a boyfriend. I identify as lesbian now, so I wanted to write a lesbian play for teens because I never got that."

Collett is encouraged by the work and energy of this generation of youth. brains move faster than anybody else's.

intensely vulnerable plays have been people, or teenage girls breaking down barriers, resisting really can tear out a guy's binaries, and providing uncomfortable heart and throw it off a jolts of reality for nearly five years. After bridge. Where these weird living in Montreal and Toronto, and taking their work abroad, Collett has fantastical, actually do just returned to Vancouver as their work exist." - and life - enters a new phase. The stories and characters they have left definitely had moments that seem scattered behind them are leaving a too heightened to be real," they trail of possibility, refusal and creative resistance.

of those around them, and filtering them into a blended brew. "Above all, my plays are just always about love," they share. "And how hard it is to love people who let you down, and how hard it is to be and how we all make really complicated decisions sometimes to care for ourselves."

Collett's most recent work, WASP, has been an ongoing project for five years, and will soon be published by Playwrights Canada Press.

Like much of Collett's work, the play engages with magical realism to create ering moment in which their co-workers a world that is frightening and uncanny Cole Alivs and Gabe Maharjan suggested - featuring angels who invade a town in an alternative ending to the play - one [...] I just remember the cruelty that I had "Youth are currently engaging in the order to impregnate young adults on their filled with hope and resistance. "It was a exhibited, that my best friend had also conversations that we're all having, but 21st birthday.

metaphor means," Collett explains, "I'm reflects. "[Initially], no matter what this more interested in how the metaphor feels. character did, it was always going to They recall a particularly memorable and gender are just so much more at As a theatre creator, [I think about] how come back to this moment where they rendition of the play in which they were the forefront [...] For me, I didn't really we create these alternative worlds, where didn't have anything left — they had to performing in the middle of a gymnasium radicalize, or become who I am now until

hiannon Collett's raw, human and wasps really do impregnate moments, that seem really

"I know that in my life, I've continue, "and for me it allows me to connect with feelings that I would Collett describes themself as a coffee otherwise be unable to hold. Sometimes filter: taking the grounds from the lives the limits of our reality are too small for what I want to talk about."

ollett enjoys the collaborative process of creating theatre, particularly as their team works towards a someone who lets people you love down, final version of WASP. "Actors are really under-appreciated as artists, and they're incredible artists. They're incredible thinkers," Collett enthuses, "I was just always so grateful for their offerings, their analyses and their questions, and this determination to chase down the truth of the play."

Collett describes a particularly empow-

return to this forced heteronormativity. And then these two beautiful, beautiful people were like, "No. That doesn't have to happen. They can just be gay.""

Working with gratitude in collaboration with the artists and creators behind each play, Collett's goal is to create a working environment "where we're all having fun, and we're getting paid [...] and we're finding the truth of the story."

Their biggest collaborative project is *The* Kissing Game, was recently translated into French and filmed as part of Montrealbased Youththeatre's 2021 season.

The play emerged from Collett's own high school experience and relationships: "I was really interested in why teenage girls are so mean to each other reminder of the traps that you create for exhibited, and I was just fascinated with they're having them faster because their "I'm never really interested in what the yourself in your own narrative." Collett this weird homoerotic undertone to it." Collett toured the show in 2016. So conversations around race, sexuality





I left town, met a bunch of queers and in its proposal against capitalism. It lived in Montreal."

to take on a life of their own, Collett is in their domestic relationships, and it able to pause and reflect on the past five positions it as a financially valued service. whirlwind years of their career. "I feel It transcends class. It transcends so many more in control of my art," they reflect, "I went to therapy and learned how to be an adult and learned how to support the performance of gender, and how in sex my feelings — without relying on fiction. I don't think it makes my work less interesting, but it makes my work less terrifying [...] My first couple plays I had to write because I felt like I was going to or inherently anti-capitalist, because it explode if I didn't let them out, which I exists in the same system of exploitation, don't feel anymore. It's really nice."

Dirt, was commissioned by Nightswimming Theatre as part of their Five by Twenty Five series, which showcases plays about the climate crisis.

"I was interested in the idea of feeling dirty when performing erotic labour, and what that means," Collett explains, "Then you take dirt, and you take soil, and start to unpack what that is."

capitalism: "It's interesting that the bodies ining of bodies, labour, community and WASP will be out in Spring 2022, and of sex workers are often the ones that [are relationships. Their terrifyingly honest is available for pre-order at Playwrights associated with filth], when in actuality works will validate the complexity of Canada Press. You can explore Collett's you're dancing, or you're working for oil love, and remind us that it is the essential other works through their website at execs or people in mining. What does it foundation of the alternative futures we http://www.rhiannoncollett.com. actually mean to be dirty?"

Collett uses sex work as the ground through which to explore notions of capitalism, labour, bodies and gender.

"I am really interested in sex work as an abolition of work," they explain, "Because I think sex work is really radical

takes something that anybody can do, As WASP and The Kissing Game begin a labour that people do all the time different things."

They continue, "There's something about work you're performing a very specific idea of what a woman is, that I find extremely interesting. It's very theatrical." Theatre, Collett notes, can never be fully underappreciation and consumerism that fuels oppression. "Until artists are well ollett's newest work, Psychic compensated and given humane hours, benefits and paid time off, theatre will never be revolutionary," Collett expands. "The grind culture that the arts industry promotes is the same as any other exploitative industry - it exploits and undervalues those it claims to lift up."

As Collett continues to throw themself into the intensity and immediacy of performance, they are inviting us to The resulting play is a criticism of launch ourselves towards a reimagare building.



DAE SHIELDS AKA EBONEMPRESS is a Vancouver based emcee, rapper, bassist spoken word artist, designer, activist, and community advocate (to name a few of ber talents.) She is also one of the founders of AfroVan Connect, a non-profit dedicated to empowering people of African Descent through conversation, collaboration, creation and performance. Dae's work explores so many of genres and mediums, but at its core it all ties back in healing. Healing communities, healing spaces, healing individuals and healing souls. I had the pleasure of speaking to Dae about music, community, activism, the nature of space, and much, much more.

Fabio: The work that you and AfroVan have been doing is super inspiring! What was your drive behind starting the organization?

Dae: AfroVan has been such a journey. It's been really powerful and has changed me in so many ways. When I started out, I wasn't thinking, "Oh we're gonna create this group and it's going to be called AfroVan." I wanted to pursue my career as an artist and musician, and I was looking for a platform. As I went around Vancouver I just couldn't find it. I went to shows and events, but I could never find my community. I played a show at this place called *The Pace*. They had a big warehouse, which has shut down now, like many of our cultural spaces. After the show I talked to the owner and told her that I had been looking for a space — a place where my community could connect, jam, talk or whatever. She gave us a key and the key-code and said "come in whenever you want." Because she opened her doors to us, we were able to start the beginnings of what is now AfroVan.

What was it like to see AfroVan grow?

It started with a lot of collaborations. People saw the work we were doing — we were connected with the Nora Hendrix House, and the Hogan's Alley Society — and we started reaching out to other people creating community. I think a big part of the beginning of AfroVan is the listening – what do people want? What are they lacking? Where are the gaps? We knew what our gap was, our gap was space. So we knew that there had to be other people feeling the same way, while at the same time there are other gaps. As we explored that with the group's original participants it slowly started to turn into what AfroVan is today.

Could you tell me a bit about AfroVan's Black Spaces Symposium? It seems like such a powerful and massive event what was it like setting that up?

We started AfroVan in 2019, and for that first year we mostly ran workshops and weekly events. A year later, on AfroVan's birthday, we hosted our very first Black Spaces Symposium. When you talk about creating something you don't really realize the magnitude until you're actually in it, and that was definitely what the Symposium was like. Our initial plan was in-person with seminars, talks, workshops, performances, and then COVID-19 hit luckily we were able to pivot quite quickly, and that broadened our reach significantly. We were able to



host people that we could have only dreamed of inviting, and have them be a part of our Symposium in a meaningful way, without anyone needing to leave the house.

Despite all of COVID-19's negatives it really seems like it lowered some barriers for people to access events like the Symposium. It definitely did. I think the interesting thing is trying to figure out how to maintain this access, so that people with barriers to leaving their homes can still be part of the conversation. But there are still people who don't necessarily have access to technology that are still a part of our community. So how do we bring the best of both worlds? That's a big thing to consider for the future of the symposium.



WORDS BY **FABIO PERES SCHNEIDER** PHOTOS BY **DANIELA RODRÍGUEZ** ILLUSTRATIONS BY **CHELLY MAHER**



A lot of your work seems to be focused aroundspace—Blackspaces in particular. What's your personal understanding of Black space like? What does inhabiting a space mean to you?

When we talk about Black spaces, really, the idea behind it is occupying your own Black space. I think that a lot of the time we feel like we can't even occupy ourselves. When you're walking down the street, or just existing, there are so many things that make you shrink and show less of yourself. The seed of what Black spaces are is that the first Black space is yourself, your body. Inhabiting that and fully being empowered in that space. Then we talk about what it means to take up space outside yourself. That's how any idea grows — it's in here first.

People forget that there was an entire Black community in Strathcona that was pushed out by the city of Vancouver for a viaduct. I think a lot of people feel alone and isolated — but there was a huge thriving community of Black people here before. And I think a lot of people don't realize that having that ancestral connection, and knowing that you're never alone, means you have everything that you need inside you at all times. This understanding that there *are* spaces has been really important, its just that people have been marginalized, gentrified, pushed out. It makes you feel like you're alone in your space when you really aren't.

I also wanted to ask you some questions about your music! One of my favourite parts of your album *Ebonempress Live at the Nimf* was the spoken word you opened the performance with. What is

it that drew you to spoken word?

There's something so rhythmic to spoken word, it isn't even because of rhyming. The way that those words hit the track, the way they feel leaving your body — it just moves with the music. I think that it's important and can capture a lot of emotions. Spoken word is almost like having another colour on your canvas.

Are there any ways in which your art and community advocacy intersect?

I was finding so much healing in music — healing from school, healing from work, healing from all the things that were happening. Every single time I play bass or guitar, those bad feelings are gone. Instead of feeling all this pressure that I felt at school or at work, I was being released, I was being healed as I was writing. Layer upon layer was shedding. I wanted to live in that space, that world.

When I was working with AfroVan and creating those spaces, I realized that my music reflected the things that I was going through. When I was talking about advocacy, I was talking to myself; I was making those changes happen in me. I was sharing the support and love that I found in these spaces — because I knew that if I shared that with others, maybe they could find their spaces too. It's really about just allowing people to heal by sharing your feelings with them. That's been at the heart of all of the music I've created up to this point. Its about healing.

That's what I'm thinking of when I think of advocacy and music — it's really about sharing that message, my inspiration comes from the community.

FOLLOW DAE! Dae IG: @ebonEmpress AfroVan IG: @afrovanconnect



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They met me bathed in green and pink, stranded on a couch of legs.

A table full of flowered balms, petals blue in green and crystaled goodbyes to misogynistic ties.

"And then we met Venus"

Milena: So tell me about how this all got started.

Tee: We had this really epic experience on the Sunshine Coast, it was a Spring Equinox cabin trip and a new moon, we indulged in some psychedelics and had this very beautiful experience with the cosmos. You could see Venus so brightly, and we just downloaded the whole evening. After we got back it just kind of all just happened. It flowed so well. We knew exactly what our mission was, what we were trying to do. Our energy just sort of created a brand, so it's all very authentic.

Rosa: Yeah, "The Brand" is natural. It's literally what we were in nature. We kept joking pointing to little trees and plants and rocks being like, "Oh my God, look at this exterior designer."

What is NADUH's super galactic mission on planet Earth?

Okay everyone just say one word that's on the top of your head.

NADUH: FPE. Empowerment. Love. Paradigm shifting. Unity.

What helped you tap into your power, and how does FPE play a part in that empowerment?

For me, it's each other. I think supporting each other is what really made us come into our full FPE empowerment — and that's what we want to give other people too, we want to give them what we have.

Yeah or the experience of having like a ton of FPE like in one space [...] that energy, when we come together as womb carriers, that is where the change is really going to happen. That energy is really potent and necessary.

Also being shut down for so long — given the time that we're in, and that for hundreds of years women have been held down [...] so what we're doing right now is very revolutionary. To just come together with the collective intention to do this healing work. That's definitely a huge part of this shift right now.

I think that's also a really beautiful thing. We're not just rebelling, but what we're doing differently is we're trying to heal and help others heal. That's the energy we're trying to emit — even though our bars can be dumb sometimes.

collective boisterous laughter

And healing can be fun, it can be joyful, and I think it's a huge part of it. Although we can also be very serious too, you know, music is playful and expressive. Are there any rituals you do before you go on stage or do in prep to enact this energy?

Rituaaal!! You said the magic word!

Jenny: We have so many things we do. We ritualize pretty much anything. To do something right, something that expresses ourselves or brings our energy to other people, we will make sure to take certain steps beforehand. Some of those things include: crystals, readings, tarot, oms, affirmations, meditation — we love blue lotus and heartopening tinctures. Cannabis. Santa maria. And cacao is like, wow.

You write, produce, and perform all your own songs — what does the collaboration process look like from pen to paper and paper to production? I'm interested because I noticed you guys finish each other's sentences and I'm wondering if it's similar when you're writing?

" Redug "

words by Milena Carrasco // photos by Phoebe Telfar // illustrations by Allison Eng

It's nice because if you get stuck on something, and you're like, Oh, this is almost there [...]

[...] it's one mind plus five amazing minds. You know, all the best plays were written by a collaborative team.

Tee also has this book of beats because this girl's an animal.

Giorgi: Every time I facetime her she's in the studio — and I facetime her like every day.

She usually sends us this boatload of beats, and then whenever we are up to the task of writing, we'll get together and just listen to them all until we feel one.

How do you make sure that every individual's artistic needs are met?

We communicate and talk so much - I feel like we have to make and hold space for each other because it's five people at five different flows. I think we're also realistic. There's no way to make every single person [involved all the time] but we can come to an agreement. That's what makes it beautiful.

Some of the group's influences are Destiny's Child, Earthgang and Mereba.

Where do you go to be inspired?

Mostly life for me.

Yeah, so much shit going on right now.

If I'm uninspired, it's usually because I'm being too clinical. So I'll just fuck off for a bit and focus on trying to get inspired. I've noticed that it feels like I've been chilling, but I'm just getting re-inspired for the next writing time.

The beautiful thing about having five people is sometimes all it takes is one person to be really inspired, and that can be the inspiration for everybody else.

Can you describe to me what divine feminine energy means to you?

Man, you tickled my heart when the words came out of your mouth. I just felt that — I'm sorry.

It's a complete flow. Complete receptivity. Nourishment. Passion. Sensuality. Surrender. So many things.

It's your sisterhood you know? Healing and trying to heal the world. Being that womb space for everybody.

Can you tell me about your latest single, "Currency"?

It was a fun nod to Aretha Franklin but also Destiny's Child because we were thinking about "Bills, Bills, talk about, while still being sassy.



A womb to carry chords that Bills" and all these songs about being cradle, a lotus springs from a owed, or feeling entitled to that cash. navel. Trading voice notes as We wanted to play on that, but to love letters to each other us the cash is respect and loyalty — it happened under a full moon. and honouring us. So it's more of an A magnetic pull, their emotional currency that we want to friendship, comradery and pull to each other was an effortless ebb and flow, magnetized by the moon, conversing with the sea, jamming with the stars.

> You can keep up with NADUH through their instagram @its.naduh and website https:// www.itsnaduh.com/. As well as their personal accounts @larisasanders @jennyleaimur @giorgiholiday @bbybooda @teekrispil.





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Urban Native Youth Association

SC Discothrash is Discorder's revitalization of the No Fun Fiction column. We are now accepting submissions of fiction, prose, poetry, creative nonfiction, essays, comics and diverse creative writing. Submissions are free and open to everyone regardless of writing experience. Our priority is to provide a platform for creative writing that is inclusive, open, and accessible, and we are especially interested in cross-genre, intersectional and playful work. It's a space where writers celebrate, mourn, rage, and embrace. We want the writing that challenged you, what felt risky, surprising, and a little strange. But we also want your tenderest, and gentlest. Whatever

you're working on now that's hiding somewhere

SUBMISSIONS

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Discothrash #4 **"Falling"** Zane Coppard

illustration by Andrei Anghelescu

Zane's delineation of the physical, earthly existence (even when deeply personal to him) posits a sense of commonality among us all. We feel the same cold wet chilling feelings sometimes - and that "sometimes" is enough to mean a lot. His work is incredibly visual-spatial. Like literary ecosystems. The divine creation that is born from this piece is the awareness that another person's idiosyncratic inner world contains the same sparks and tinges and chasms and plains as your own. sometimes. - Maya Preshyon



A man falls. Wind blows his hair back, tears move from the creases of his eyelids and fade away. It is unclear if he falls to safety.

Excerpt:

I keep looking at myself in the mirror. Hoping to find a different face. The same pale outlines are as clear as they ever were. For this moment I am free of concern. Yet there is still this feeling of dread. Why is that? Maybe it's because the air feels thicker than it once was. Or maybe it's because we are no longer friends to one another. Everyone's available but no one's free. It's easier to feel like you are failing when there's no one watching. Eating the same way everyday is to be my revolution. Take a glimpse into this bubble, won't you? Maybe you'll wish to fall as well. It is into the arms of safety and not of pain that we all wish to fall. Away from the domineering ideas of forward motion.



words by Tate Kaufman // illustrations by Francis Billie Cullen // photos by JJ Mazzucotelli

Chain Whip may find you through an IV drip an isolation ward hospital bed. Eyes affixed to an episode of *Deadly Class* as neon in the rain creeps down the Astoria Hotel marguee ...

and the tune of "Kids of the Black Hole" just released their debut LP 14 Lashes, by The Adolescents. And looking closer, a heavy, searing take on classic 80's in the background of the shot, you might hardcore, and I remember being wowed notice that the guitarist on screen looks by the sheer energy of their performance an awful lot like your attending nurse, — an energy the band members seem to Joel. The members of Chain Whip seem be propelled by in their daily lives. In fact, to have a compulsion for storytelling. members Joel and Patrick had remained An almost journalistic impulse, that if on stage from the previous set, which was there's someone to witness, to feel, to with their band Corner Boys. hear, and to recount — that purpose can be found. Through this myth-making (Guitar), Josh Nickel (Vocals), and process, there's a clear adherence to the Patrick McEachnie (Drums) recorded maxim, "never let the truth get in the Christmas Demo, their first project, way of a good story." Huddled together during Christmas in 2017, and since that in a diner booth at Zawa on Commercial, point have released one LP, two EPs, and Joel finishes his tale of career escapades, the motion of his hands shimmering and Halloween cover band called Haunted obscured through the yellowy-brown Danger House, with another member translucence of a pitcher.

"I saw the light go on for his room, he buzzed, and he had just a still of me on looked real dumb" says Brett of his Teen the screen, with eyeliner on and shit," Joel says, "I was a pretty cool nurse for that night."

"But then after that," Josh interjects, "the guy died." Laughter erupts.

Chain Whip may find you, as it found me, at Punk the Vote, an event held during the 2019 federal election campaign

hain Whip may find you in the by Joe Keithley, iconic vocalist of D.O.A. sound and vision of a red-lit and Burnaby City Councillor for the room, with a slam-dance whirl Green Party. At the time, the band had

> Brett Thompson (Bass), Joel Butler another demo. Chain Whip started as a Braden Decorby.

"I [wore] a varsity jacket, patchy stuff, I Wolf costume.



material, Braden was replaced by Joel and now serves as the recording engineer for the band.

"I watched some videos [of the band] and was like, this really does not suck" explains Joel.

"And Braden had the opposite opinion... so now we pay Braden to listen to us." Josh says.

Brett, Joel, and Josh.

"One of my favorite parts of being in it back to Joel, and Joel just goes 'I can't do that." Patrick says.

Joel counters.

now where I think we're gonna drop the

Once the band started writing original Chain Whip name, and it's gonna be Josh Nickel and the Chain Whip."

"Okay this is odd." Says Brett.

Josh looks at his bandmates, as they giggle, and then back to me "Put that on the fucking cover man."

Joel explains that he is pedal-averse, preferring to employ just a guitar and an amp when performing. For this reason "Code White" the closing track of debut Songwriting duty is shared between LP 14 Lashes, has only been played live on one occasion.

"It was at our LP release show. There's a this band is when Josh brings a song in... solo part in that song that's just a vacuum He'll take Joel's guitar, play it, and give cleaner and some broken glass, and just, a weird effects pedal thing. So live, I'm like, I don't know what the fuck I'm "That's because Josh will be like 'I want going to do. No one wants to hear me to show you this riff, and the first thing just make horrible noises with the guitar he'll do is solo for thirty seconds... he'll — although they came to the show, so widdly-wah for a solid thirty seconds." maybe they don't mind. Not knowing what to do, I just passed my guitar to Josh chimes in, "We're at a point right Serotonin Steve who was right there." Josh steps in with his own take: "I saw



him. He paid Serotonin Steve to play the we were firing on all cylinders" solo, and then he tried to take the guitar back — and then he got an idea — he ready.' paid him to get into a fake fight."

the last part of the song, I didn't really think about getting the guitar back from else... I remember having a converhim — he wouldn't give it back. I had to *wrastle* him a little bit to get it back." "It was a fake fight."

"No, it was real."

hen I first saw Chain Whip and Corner Boys at Punk the Vote, I wrote in my review of the concert that Patrick described Corner Boys' 2019 song "Waiting for 2020" as being about "watching something you love die." How sour of a prediction two Chain Whip albums, one of which, that would turn out to be. Indeed, while the 2020 demo, the band has considered if you're a contract killer. But there's Chain Whip is well-humored in conversation, Two Step to Hell has been notably shaped by the events of the past year. Less tongue-in-cheek than prior entries in the band's discography – angrier, and more confrontational than cynically defiant.

"Seeing chaos and idiocy — that blend - that is what influenced this record" says Joel.

"The world is shut down to the point where you're just glued to your social life, which is just these fucking things." Josh raps his phone on the table, looking in disgust at the shiny black screen. "You're wrapped up in being force fed space and do my own stuff." Patrick tells all this media that you don't really want, me. He's got a ten song LP from his new but you're exposed to and have to deal solo project, Pack Rat, bound to release Mammoth Cave Recording Co. handed out to a Chain Whip show - so may you with... You felt fucking powerless, you're on Drunken Sailor records in December. him a Nervous Talks 7" and offered sitting there and you're drinking."

"Bored as fuck" says Brett

"Can't go anywhere" adds Patrick.

"You're just stuck. And you have this outlet, this band, and you're like let's just a three-song *concept* 7" in one session. see if it sticks. And with Two Step to Hell,

Patrick leans forward "We were tour

"We were ready to go forward and plow "When it was time to come back in for through it, but we couldn't do it, so we just had to put this energy somewhere sation... I wouldn't have been surprised if there would have been tanks rolling down the street, because no one knew how bad it was going to get... it was a goofy time."

> "I think the record was frustrated because we were frustrated."

Having this opportunity to focus on their art as an outlet, the band has had a highly productive past year, with members working on multiple side projects, and removing from the internet.

"We weren't really sure if we would ever be able to play again... Like *shit man*, am I going to live on ichiban noodles for six months, and squirrels...? We recorded this demo and then we didn't know what to do with it, and we're about to die, so let's just put it on the internet... a lot of the guitar stuff I did on that, I'm so mad that it exists as like a finished thing... it was all supposed to be placeholder stuff." Says Joel.

"I like to jam twice a week... when we don't jam twice a week, I still go to the jam Killings and the Contracts. In a feat of studio genius, the pair wrote and recorded and vocalist for the band.



Iosh is — "

"Cancelled." Josh interrupts. "Leave it at that." says Joel.

"Todd Killings is a bad motherfucker man." Josh elaborates, opting not to leave it at that, and launching into a yarn. He tells me that Todd Killings (certainly

a fiction) grew up in Cranbrook, B.C. in the late sixties, and discovered punk rock in its early days. He also tells me that with bills piled high, Todd Killings decided he was going to be a contract killer.

"Not a lot of work in Cranbrook, B.C. work every once in a while... as a private detective. He wasn't a fan of being a private detective though. He's a bad person."

"Now you understand what a *fuck band* is" says Patrick.

Now an ever-entangled unit, with endless intermingled creative ventures among the Chain Whip crew, there's a sense of pre-destiny in this arrangement, as if of chaos and discovery and mischief are somehow, between these four, creative a sign of what's possible. That feelings collaboration was inevitable.

how Paul Lawton of Lethbridge's to meet Serotonin Steve, and, if you come But most exciting is the "fuck band" he's him 20 dollars if Patrick didn't like it. cooked up together with Josh - Todd Unwittingly, this would be his by-proxy introduction to Joel, who was a guitarist

"I put it on, and within thirty seconds I Patrick explains "The concept is that was like: fuck, this is really, really good."

Patrick says "I moved to Vancouver, I couldn't believe no one was really jumping on Nervous Talks, because they were the best band I'd seen. I went to see as many shows as I could possibly see." "Well, we were dicks." Joel contends.

Joel explains a dream where he was in a battle of the bands with Joe Keithley and had to play classic "plaid jacket, whiskey, highway 1 rock." The band before them covered "Takin' Care of Business." Joe Keithley was pissed.

Endless threads to pull at, to tip the balance, dangling like golden chains on a chandelier. It's hard to tell how deliberately each gem has been plucked from the bunch, if there's an overarching narrative, or rather the clumping of emotionally magnetized vignettes. Perhaps, if the "Chain whip is my fuck band" says Brett. anger and momentum of Two Step to Hell is a document of what was – a conflicted, shut-in world, a room with nails hidden behind padded walls – that these stories, of powerlessness can be channeled into motion for change. In any case, solace t a show in Toronto, sometime can be found with the band's assurance around 2013, Patrick recalls that I will one day have the opportunity

" Chain Whip "

continues to shift and grow as with clarinet, while Rinaldi much as the city they reside and Ward took a stab at vocals in. A four-headed hydra for the first time. Instead of consisting of Jared Doherty, being scared off by these Milio Pagnotta, Alex Ward and avenues of expansion, they Jared Rinaldi, Mother Sun embrace and support each other boasts a certain artistry that through new horizons. is hard to define and even. The new release is made up of harder to replicate. They have two singles, "Mycelium" and spent this never-ending "Marbles." While the names pandemic learning who they are alone paint very different as a band, as well as who they imagery, there is an are as individual artists. overarching chemistry that Their sound has evolved greatly binds the two songs together. during their time together, "Mycelium" takes us on a calm it's hard to pigeonhole them forest bath where we're into a single genre. A engrossed in the nature that symbiotic mesh of psychedelic, surrounds us. If anything, the funk, jazz, and as Mother Sun terminology used in the lyrics has said themselves, "just had me wondering which one of noise at some points." Once a the band members is an earth tadpole in a very sparsely science major. It seems there populated pool, they've is a deeper knowledge of sprouted legs and now explore forest systems being expressed freely outside their comfort here, casually camouflaged by zone. I had the opportunity to the music that accompanies it. catch up with Jared Doherty As I listened to the track, I and Milio Pagnotta to discuss began imagining it like a their development, newly version of flashcards; a released music, and the changes melodic way to help students we're witnessing in the memorize information and study interior BC music scene.

as a band, Doherty responded singing the lyrics to friends hanging out, getting fungal friends: closer and exploring different kinds of music that we like. Seeing how that filters through our writing and our songs, and trying new things. It's kind of formed itself into somewhat of a cohesive idea at this point." Pagnotta adds, "I think that was a big reason why we got together. We already had such good chemistry between me helped with wanting to something more."

different roles within the the sun goes down. to play in homes, basements,

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ailing from Kamloops, band. For instance, Doherty British Columbia, Mother began working with saxophone, lacksquare Sun is a band that Pagnotta began experimenting

for their science exams. I When asked about Mother Sun have visions of children with, "The whole time we've "Mycelium" in perfect unison Coincidentally, I came to learn been in the band, we've as they learn about the Mother Sun spent a great deal basically just been a bunch of lifecycle of our plant and of time doing that exact

> **"ROTATING AROUND,** TRYING TO SEE A DIFFERENT SIDE. LIGHT LIFT UP MY ARMS, TIME TO PHOTOSYNTHESIZE. MAKE OXYGEN, OXYGEN."

Kamloops and the surrounding "Marbles" picks up the pace, interior BC region. I was and Jared, and I think that and brings us to another raised in Kamloops, and I feel dreamy landscape rich with especially invested in the indie pop and jazz influence. creative growth and development However, instead of the damp the city undergoes. When I Then we look at this forest "Mycelium" transports lived there, many moons ago, petri-dish of four dudes us to, "Marbles" has a more there was only one "official" - a bunch of riffs, and upbeat, carefree eccentricity. live music venue: Riverside a newfound love for every horn You can't help but feel a Coliseum. And if you couldn't instrument out there - we can certain warmth and charm fill this modest hockey rink, attribute their unified sound coming off the track. In the you weren't "officially" playing to their personal investment sitcom of my life, I feel like shows. Occasionally, Lee's in each other. Mother Sun is this would be my backing song Music would lend out their constantly reinvesting in as main character. It plays as bottom floor, or Mike Turner, themselves by allowing each I hop on my bike, roll down owner of The Loft, would member to operate as an to the beach, drink too many provide his studio space for individual, as well as cans (yes, cans) of cheap local artists to play. But most encouraging one another to try Lambrusco wine, and stay until of the time, bands were forced

S routine during these last pandemic summer months. Well, maybe without the canned wine

- I never quite confirmed. But

s the band continues to

expand their offering,

 Δ so does the support for

arts and performance in

I'm sure you get the picture.

RC

Shayna Bursey Photos Mother Sun Abi Taylor Enya Ho

" mother Sun "

equipped for growth.

supportive artistic space has somewhat slowly, there have Just this past

and other DIY spaces just to with it. The pandemic has venues are making room for section for ya too." The three have some semblance of an forced everyone to think artists to showcase their of us laugh, but I know audience. Parking garages and outside their original talents without making it an Pagnotta is sincere about this a certain "little big house" business model and pivot unspoken requirement for the offer. You can tell that both became meccas for unpermitted accordingly. The mutual benefit patrons to get sloshed while him and Doherty view the hardcore shows - until the cops for both sides is undeniable. attending. There's something success of one as the success would break up the fun almost Privato gained a new audience, valiant about the effort to of all, so helping other as soon as it started. While one that probably didn't support the art first and make artists seems like the only this is all fine, and arguably, consider themselves the the money second, all while natural step forward. an initiation into playing winery-type before, and Mother being an open and inclusive music as a career path, it Sun was able to perform their space.

doesn't foster an environment work in a beautiful, outdoor To that end, Mother Sun setting during a time where recognizes the support they $oldsymbol{L}$ $oldsymbol{\Delta}$ I'm interested in how The shift into a more shows are few and far between. receive is something to be they view their new releases.

been long overdue and while while this is a good step been furiously creating music they associate or attribute to the wheel of change has turned forward, there is still and carving a path of their the new singles. Pagnotta f v work to be done. When I own, they've also been busy responds almost immediately been improvements. Kamloops asked Pagnotta how Kamloops building a studio. Not only to with "tiny little fingers", a has grown substantially in the could further support the allow for more flexibility in subtle nod at the theme of last decade, both in maturing arts and performance recording their own ventures, "Mycelium." Doherty takes his infrastructure and population, landscape, he replied, "Venues but to share the wealth amongst time and ponders a little so the gap in arts support has that are created more for the others trying to break into longer, finally answering with become glaringly obvious. arts, [rather] than being a the music scene. "I just want "too many words." In Local businesses are starting booze-selling establishment. to record more bands. And hindsight, I could not think to lend a helping hand in this There are a lot of venues that that's been something we've of a more perfect description. transition, hosting live are venues because they make been doing this whole time. There are too many words to music events when they can. tons of cash on booze. Which too." Pagnotta explains, describe the sound and is totally fair. But I feel referring to the time we've artistry Mother Sun brings to , Mother Sun played an outdoor like Vancouver has these spent under the dictatorship the table. It's best to just show at Privato, a local little spots that might be kind of COVID-19. Despite the listen for yourself. vineyard, winery and cidery. of a shit hole, but very circumstance, you can hear the In an area of town that people specific about the music enthusiasm in his voice when don't usually frequent, it was they're bringing in. And they he talks about how he sees the interesting to see a budding Are bringing music in. So it future of the studio. "Being "MARBLES" AND "MYCELIUM" ARE event like this flower and is working." Pagnotta has a a place where other bands can OUT NOW VIA EARTH LIBRARIES flourish. Traditionally, I point. I think back to all the come and work and flesh things AND DIVINE BOVINE RECORDS. don't think a winery would see times I attended shows at The out. Even if it might not be it as "on brand" to have a Toast Collective, Eagle Time a record - it might be a demo psychedelic quartet play Records, Red Gate, etc., and or single or something. And amongst their orchards and I can't help but feel like I've now that we play horns and vineyards, but they took a shot taken them for granted. These shit, we can be a shitty horns

s I close my chat with Doherty and Pagnotta, given back. While they have I ask them to give three words



A REVIEW OF BRENDAN PROST'S

HEAVY PETTING WORDS BY PEYTON MURPHY

ILLUSTRATIONS BY ALYSSA UEBELHARD



"You poor creature... have you nowhere to go? No one to love you? You poor creature ... will anyone miss you?"

they understand. They believe they're light. As a smile washes over her face, hearing a woman project her own we recall her steady job, her tastefully emotions onto another; they trust that decorated home— it becomes plain to these words are a wounded person's attempt to deny the severity of their own condition. And to some extent, this is true - but that's not the point of this film. The point is to highlight the horrifying ways in which it's not.

Heavy Petting begins with the story of Marina (Haley Midgette) a woman who has recently lost her beloved pet cat. We see her searching hopelessly around her neighbourhood, to no avail. She looks drab at a banal work meeting, and lost in her now companionless home, attempting to fill the void of loneliness with masturbation. Each new frame communicates a grim, inescapable sense of lonelinessuntil a chance for connection suddenly appears. Marina opens the front door of her home to see a person crouching on see how the return of her cat is enough the lawn, donning a costume that looks as if it could be Chuck E. Cheese's morbid feline relative.

Marina allows the cat impersonator into both women. But the latter half of *Heavy* her home, taking comfort in the opportunity to resume the role of caretaker. Eventually, the nurturing elements of the encounter descend into the erotic, and the cat costume is removed to reveal a is, the distinction between transient harrowing for those who see themselves in woman named Jordan (Sam Calleja). The loneliness and ineluctable desolation — is Jordan. Isolation and depression two share a passionate night together, and the core of the film, and it's achieved in a plague the modern world, and in given the bizarre circumstances which shocking and unforgettable manner. The the midst of a global pandemic, led to their meeting, viewers are left to film's bifurcated format may be jarring there seems to be more awareness assume that it's the beginning of a unique to some, but it seems to me that jarring of this fact than ever before. And relationship. A love story, even. But that's is precisely what Prost was aiming for. yet, advice on how to remedy the not the story Prost set out to tell.

Hours later, Jordan's efforts to translate are forced to contend with the false It often boils down to: "reach out the peculiar tryst into a relationship is met assumptions they made in the first half to your support system: family, with Marina's cold rejection. As Jordan of the film. We realize that for Jordan, friends, partners." This may be leaves, Marina's lost cat scurries through the antidote to misery isn't as simple adequate for people like Marina, the front door, putting an abrupt end to as the return of a four-legged friend. people who have someone to turn the state of loneliness that prompted her What she's experiencing is more than a to. But *Heavy Petting* questions

hen these words are uttered in to allow a stranger into her bed in the Brendan Prost's new short film, first place. As Marina rejoices over the Heavy Petting, the viewer thinks return of her pet, we see her in a new



to infuse light back into her world. When Marina caresses Jordan, referring to her as a "poor creature," we initially feel as Despite the absurdity of the situation, if this description is equally applicable to Petting obliterates this assumption, drawing a stark and terrifying distinction between Marina and Jordan's worlds.

By splintering the story in two, viewers situation still feels unsatisfactory.

watch, and not just because of its unabashed bizarreness and eerie score. It's uncomfortable because it aggressively confronts viewers with a truth that we're all, to some extent, already aware of: that people such as Jordan exist all around us, and hardly anything is being done about it. And Illuminating this distinction— that of course, the film is likely even more

state which has penetrated her sense of

may seem grotesque and unjustifiable —

desolation just the same?

fleeting absence of connection, rather, what exactly is to be done for people it's a prolonged state of alienation, a who don't.

Prost has stated that the film will self, shaping the way she navigates the resonate especially with queer audiences, world. In the latter portion of the film, who "know the sting of fetishization we see her go to great lengths to cope better than most," and it's plain to see with this condition, committing acts that why upon viewing. Marina lets Jordan into her world in a moment of desperbut isn't the acceptance of such complete ation, allowing herself an erotic, euphoric queer encounter- but just for one night. Down the line, she may look back on the evening with shame, embarrassed by the lengths she went to aid her loneliness. Or perhaps, she'll recount it to thrill a new boyfriend, using it as evidence of a risque wild-side she's now grown out of. But for Jordan, the evening was a brush with intimacy, a peek into a seemingly unattainable life, a glimmer of hope followed by a predictable discardment.

Heavy Petting offers no answers, and no respite. Instead, it asks viewers to sit with their discomfort, to reflect on the gravity of a condition they may be accustomed to turning a blind eye to. Some may feel this is an unproductive approach to film-making, that Prost should leave viewers with a small trace of hope, or an indication of how to proceed. However, eavy Petting is an uncomfortable I disagree. Mental illness and isolation are often silent and invisible ailments, causing immense pain that is essentially imperceptible. Heavy Petting not only succeeds in shining a light on this pain, but in utilizing the macabre to ensure viewers don't forget about it.



AREEZO: INTIMACY AND IRAN



installation photos courtesy of Sara Pimentel // performance photo courtesy of K.Bray Jorstad



inconspicuous James Black Gallery where foundation of guilt or judgement. Arezoo | Intimacy and Iran, curated by Sev Shabankareh, exhibited for a weekend in September. Taken from Farsi, "Arezoo" refers to a wish or desire and the show featured an all Iranian line-up depicts a scenery of queer affection, that exists outside of the guilt and shame pieces by the individual artists is that of artists who were invited to explore the title's various dimensions through the Iranian experience — especially subjects which are limited to hushed whispers and private confessions.

and political factors make it really difficult Relationships between individuals of chunks. Anything that falls outside of this when presented under the more socially it offers. Asal resonated with me because scope is essentially dismissed — there is acceptable context of heteronormative it illustrates an experience that is familiar.

the off-chance that a family member decides to Google my name (for some fucking reason) and finds an article where I

deck stairs of a quaint Victorian been shut out from representation, and has transpired, and the mirthless pity of The magic of childsplay and the comfort era house is the entryway of to re-envision these feelings without a their spectating lover in the background. of their own habitual practices develops

n the wall closest to the entryway and the most vibrant of the pleasure and care in a bathhouse. Nestled we are taught to hold in place of the of a desire to connect — to connect within a border and fringe, the painting is happiness and fulfillment they are meant through an identity and culture that is so presented like traditional Iranian carpet weaving, echoing the historical "social and sexual functions" of bathhouses A combination of sociocultural, religious alongside their more practical function.



through care rather than ever known. fear. The communal

a lot that has been made taboo queer individuals in Iran face as a result of buildings and residences in Iran. In in Iranian communities. Case of hostile social norms and government between them is Yazdani's bedroom rug, in point: I am pretty appre- policies that directly disrupt processes of replicated and assembled from blue tiles hensive of having my full name self discovery and acceptance, to show and old, personal memories. associated with this piece on that joy is still possible in survival.

n the opposite wall, Kian's second piece Gonah Dareh am discussing topics that have Love Seat hang side by side, both in childhood play they had found similar been deemed unsavory. Despite pretty muted colors but each illustrating between their younger selves. Having being a native speaker, I don't a different reality between two lovers. attended later on the opening day, I was really feel that I have the vocab- While The Love Seat illustrates a moment able to catch the second run of the suppleulary to speak about intimacy of mutual eroticism the pair in Gonah mentary live performance — though only or desire in Farsi because they *Dareh* share a heavier moment after. Sadeghian was present for this. The have never been a part of my Communicated in Kian's artist statement, recording flits between separate shots of familial environment, and so "Gonah Dareh" is a common saying the context for me to navigate "directly translating to "[this] has sin" those inner feelings has been, or "it is a sin," though the phrase is a customs in their own ways through and continues to be, out of reach. condemnation, it has a strange duality movements that feel ritualistic yet natural "Arezoo" attempts to create as a request for mercy." The duplicity is in their familiarity; tying and re-tying a an environment for us to bear reflected in the physicality of the partners; belt around the body, slowly applying witness to the experiences of the body in the foreground hunched hrough the front yard and up the desire, sensuality, and sexuality that have over and racked with shame with what mouths, painting on animal markings. The sentimental divergence between the intimacy perceived between the two the two artists' pieces, and even within artists. They are mirrors unto each other, Kian's represented works, touches on the their commonality actually reflecting the essence of the show. There is no place closeness experienced within themselves. pieces, Darius Kian's Bathers for us to share our experiences of desire The intimacy carried through the to bring.

to talk about specific experiences and the same 'sex' is a crime punishable by where a story unfolds of the displacement feel othered or displaced, can be recogidentities (such as for queer individuals, death under the theocracy and an air faced by a dancer who has left Iran nized as still being human and worthy. or for femmes who do not abide by the of social stigma and scorn still lingers in order to practice her craft through It is a place where the individual and the requirements to be docile and obedient) towards LGBTQ+ people in Iranian interlaced shots of her in a new country collective merge to rebuild ideas about because those factors act as agents for society — both domestically and in the of residence, and of her mother in Iran. ourselves and what we want without the policing and reprehension. Conversations diaspora. The nude body is also often seen The narrator speaks in Farsi, wondering interference of arbitrary moral systems refer to a limited, but established, list through objectifying eyes that consider why she keeps coming back to thoughts that reject and condemn some and favor of what is acceptable to talk about and sexual desire to be an implication of of Iran and a longing for her home when others; to wish for a reality devoid of are presented in sanitized and palatable impurity and lacking modesty, even she has chosen this path for the freedom suffering, judgement and pain.

relationships. Bathers Struggling to make peace between your reintroduces gentleness own personal ambitions, or desires, and and sensuality into the expectations (really, the limitations) the picture and offers placed upon you. Sometimes the only a glimpse into a option left for self-actualization is a community crafted departure from the only home you have

Reyhan Yazdani's ceramic Numbers, experience depicted in hanging on either side of the large window the piece contrasts the looking out at the front yard, evoke the isolation that many imagery of street numbers on the outside

he performance piece by Sahba Sadeghian and Shima Raeesi, Adat, sees the duo paralleling and Shahin Sharafaldin's The each other in their performance of the two dressed alternatingly in black and white as they reenact these shared cuttings of tape to cover the eyes and

familiar, yet feels so distant and unidentifiable at times. To connect through n the corner beside the two feelings that are so familiar yet alienpaintings, a screen is set up for ating. The connection is at a place where Sepideh Yadegar's short film *Asal*, our personal realities, that may make us



Under Review

Lydia Hol

Some Dreamers of the Golden Dream (stlf-rtltastd) September 17, 2021

ydia Hol's second full-length album, self-released on September 17, is a Western quick draw between glamour and isolation. Ruminating on 60s Hollywood

and celebrity culture during a time of intense social fragmentation, she invites listeners to scratch at the shiny surface of the "Golden Dream" — California's iconic utopian narrative.

Overall, the album's instrumentation is richly layered and soulful. Elements of folk, country, blues, and indie rock are evident throughout, and what emerges is a nine-track collection that is masterful and gorgeous. A dreamy melange of distorted guitar, snare, strings, bells, and lap steel evoke imagery akin to chasing a mirage through the desert — a plight both dismal and mesmerizing.

Hol's vocals are tender, soothing and deeply meditative. Lyrically, she is poetic in her questioning of our collective cultural illusions of fame that have persisted since Hollywood's inception.

In the opening track, "Golden Dream," she introduces her overarching contemplation: "Is everyone as happy as they seem / In California?" Evidently, the brighter the sun, the darker the shadow.

In "Silver Screen," she paints this haunting truth beautifully: "In that LA sunset, you look like a ghost." Again, in "Make This Better," she peels away at this allegory, proclaiming, "Who are you pretending to be? / Some faded Hollywood dream."

Though profoundly powerful from start to finish, it is Hol's rendition of Hall & Oates' party playlist classic, "Rich Girl," that really punches you in the gut. Dramatically slower and soul-infused, this classic dance tune becomes downright heavy. Without changing the song lyrically, Hol's arrangement unravels the entwinement of fortune and estrangement in a way that feels refreshingly raw.

Some Dreamers of the Golden Dream is a thoughtful critique on the fetisization of California as the epicentre of glamour and happiness. Though dreamy and divine to the touch, these songs are concerned with dimming the stars in our eyes and drawing attention to the grit under our nails, a feat Hol accomplishes elegantly.—**Amanda Thacker**

Primp Daytona (self-released)

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July 1, 2021

his past weekend as the Autumn deluge of wet splashed the west coast, I decided to get my "Primp" on and check out the

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latest effort from Vancouver's all girl trio, Primp. According to my trusty, Webster's Dictionary, the term "primp" means the following — "to dress, adorn, or arrange in a careful or finicky manner" The irony here is that this low-fi bedroom project (recorded in Surrey) is clearly un-finicky, raw and quite un-primp like in fact. Afterall, under-produced is the new overproduced.

Their new record Daytona was released July 1, 2021 and the group is supported through Youth Riot Records in Seattle, Washington. Primp is Aly Laube (vocals / guitar), Tae Whitehouse (drums / vocals) and Kristen Frier (bass / vocals, and apparently, giggles.) Previous releases include 2018's Half Bloom and Mother Loose from 2019.

• This batch begins with the track "You Kiss Boys For Fun" (apparently

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the band's ode to spring break shenanigans) / "Yep" and finishes strong with the luscious "Screamy". The opener, "You Kiss Boys For Fun" is a 45 second, repetitive romp which blends into the more developed, hooky offering "Yep". "Yep's" intro kicks off with a killer bass line, and features a retro sweet harmony that jetitsons me to a sort of 80's Go-Go's / Bangles vibe — "Yep / Wow / Yep / Uh Huh / Shut me out..." But "Screamy" is easily the most interesting track. The song opens with a dreamy, descending guitar riff accompanied by an almost hypnotic, melodic lead vocal provided by Aly Laube. The verse is reminiscent of a Syd Barrett era Pink Floyd deep cut, that melts over you like a lost weekend involving a rogue magic mushroom mishap. Then, the chorus catapults into a cringe-worthy rock god scream, and degenerates into a much higher pitch yelp that is rather, "Screamy." All rock vocalists worth their salt need a kick-ass blood curdling scream in their arsenal — and we have lift off here.

The band has described themselves as, "dreamy garage rock," "punk" and "power pop." The key element here appears to be the seemingly unaffected guitar twang. Likely a fun group to witness live, so scan your local listings for future gigs. I've always been a sucker for punk-a-licious groups with a quirky edge, since seeing (local 3 chord songsters) the Dishrags back in the day, so Primp now carries that torch loud and proud. In the end, I did manage to get my "Primp" on and quite liked it! Yep, Yep, Yep, Yep... — Todd McCluskie

NEAL LIVE ACTION Victory Square Block Party 2021

SEPTEMBER 5 / VICTORY SQUARE

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he sight of a stage littered with wires, instruments, amps and speakers — all aglow with the intention of what was about to happen — was almost enough to make up for the fact that my "friends" ditched me at the last minute and I was arriving at Victory Square alone.

Almost. Like the wiping of dust from an old beloved novel, the scene surrounding me as I lay down an embarrassingly large tapestry enveloped me in nostalgia. I could see the sentiment reflected in newcomers' faces as they approached the park and arranged themselves on the grass. If any of the artists were nervous, they needn't be, I thought to myself. You'd have to really stink to ruin this moment for us. Maybe not even then.

But underneath the palpable excitement, there was a layer of unease — that feeling which unveils itself after the book has been dusted and you remember the destructive oils secreting from your fingertips, and the fragility of what you now hold in your hands.

As a lone observer, I felt wary of eye contact, or any gesture that would present the possibility of social contact. I suddenly wasn't sure I was ready for the reality of physical togetherness I'd been romanticizing for the past year, but here I was. Here we were.

It was an evening that unfolded like easing into a hot tub in the dead of winter — gradually, but with vigor.

I couldn't have asked for better openers than Haley Blais and Hamb Sun, nor anyone better to top off the night than Devours and Turunesh. The assorted sounds of Big Rig, Grimm and Miguel Maraville ensured there was a little something for everyone in between.

Blais' soft, but screamable, dream pop had me swaying like seaweed
in the gentle humidity. Next, a group of snazzy oversized blazers also
known as Hamb Sun, produced jazzy instrumentals and belted about

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Jiggly Puff; losing zero momentum in massaging out social tension and getting bodies moving — albeit, whilst seated.

Their invitation for the crowd to get up and dance was pretty much funneled into the void (save for the ears of a couple brave souls), but the song introduction that followed, proclaimed by the front person, was a spot-on foreshadow of what was to come at Victory Square: "it's a little sad, but it's gonna get fun."

Big Rig was a joyful sea of denim, laughing with one another between their country tracks and emphatically announcing their excitement to be up on stage, and to witness the sets of those soon to occupy it.

Grimm's set-to-follow felt like a cosmic glitch — but a welcome and intriguing one. As I sat listening (and waiting for the speakers to rupture) I thought to myself, if classic Mario villain Boo was a techno-pop DJ, this is what it would sound like. I was thrilled to hear about their upcoming Halloween EP — spooky season is about to get seriously amped.

Miguel Maravilla served some major Prince vibes as they took to the
stage in a green suit, captivating the crowd with some gorgeous covers and
original dreamy-synth tracks. Their bashful demeanor made the transition
to Devours' set near explosive — a chunk of the crowd catapulting to
their feet and to the foot of the stage as he hit a high-kick and professed
vulnerably, and powerfully, his antagonisms of the past year.

Watching a crowd of bandana tops, mullets and low-rise jeans screaming along to "Nostalgia's the worst / Who even needs to give a fuck about the 90s anymore? / Yet I can't get enough of it" was a delicious moment.

Turunesh sealed the night with a rich layer of "Honey and Hennessy" simultaneously the title of a song written as a love letter to her parents and an accurate description of what lyrics sound like pouring out of her soul. I left Victory Square feeling buzzed and exhausted; it turns out your social battery can be drained just by proximity. Still, anytime local artists decide to congregate in the park and tackle the conflicting truths of modernity over some music and White Claws, you know where I'll be.

🖕 — Amanda Thacker 🦂

Bullet Farm Halloween Show OCTOBER 29 / BULLET FARM

PHOTO ESSAY BY JJ MAZZUCOTELLI



















Citr 101.9FM PROGRAM GUIDE "Discorder recommends listening to CiTR every day." - Discorder

Image: Weight in the symbol	Sunday Citr ghost Mix	6 AM 7 AM
$ \frac{1}{1} + 1$		
TAMCANADALANDCRIP TIMESCRACKDOWNBAM $$		7AM
CITR GHOST MIX	PACIFIC PICKIN'	
QUEER FM SUBURBAN JUNGLE QUEER FM	PACIFIC PICKIN'	8AM
9AM BREAKFAST WITH THE BROWNS ROCKET FROM RUSSIA		9 A M
10AM CITR CITR SATURDAY EDGE GHOST MIX SECTIONS MUSIC IS GOOD CITR GHOST MIX FLOWER POWER HOUR		10 AM
11AM ORANGE GROVE RADIO MUSE-ISH	SHOOKSHOOKTA	11 AM
FILIPINO FRIDAYS CITR GHOST MIX THE SHAKESPEARE SHOW DUNCAN'S DONUTS DAVE RADIO WITH RADIO DAVE CITR GHOST MIX		12 PM
IPM DUNCAN'S DONUTS LA BONNE HEURE w. CUSHY RADIO Colourput conversations CiTR GHOST MIX	THE ROCKERS SHOW	1PM
2PM PARTS UNKNOWN POWER CHORD 2PM ALL ACCESS PASS ASTROTALK		2PM
3PM TOO DREAMY		3 PM
4PM CUSHY RADIO TEACHABLE MOMENTS CITR GHOST MIX NOISE IS FOR HEROES VIVAPORÚ NARDWUAR PRESENTS CODE BLUE	LA FIESTA	4PM
5 PM DELIBERATE NOISE INTO THE WOODS ARTS REPORT DEAD SUCCULENT HAUNT PHONE BILL MANTRA CiTR GHOST MIX		5 PM
GPM THE ORCA THE OLD AND OLD AST OLD A	CITR GHOST MIX	6 PM
7PM I COME FROM THE MOUNTAIN REVIEW NUMATCH'S HIDEAWAY MEDICINE SHOW SAMS- QUANTCH'S HIDEAWAY SAMS- THE BLUE HOUR CITR GHOST MIX	REEL WHIRLED MIX	7 PM
BPM EXPLODING HEAD MOVIES CITR GHOST MIX AFRICAN RHYTHMS CANADA POST ROCK MUZIK BOX CiTR GHOST MIX	RHYTHMS INDIA SSIVO	8PM
9PM CRIMES & TREASONS Image: CRIMES & TREASONS NINTH WAVE Skalds Hall Live FROM		9PM
IOPM THE JAZZ SHOW OFF THE BEAT AND PATH SEASONS OF LIFE THUNDERBIRD RADIO HELL SYNAPTIC SANDWICH	TRANCENDANCE	10 PM
IIPM STRANDED PLANET FHLOSTON COPY/PASTE		11 PM
Image: Second	THE AFTN SOCCER SHOW	12 AM
IAM CITR GHOST MIX CITR GHOST MIX CITR GHOST MIX CITR GHOST MIX		1AM
2AM Citr GHOST MIX THE ABSOLUTE VALUE OF INSOMNIA	CITR GHOST MIX	2 A M
LATE NIGHT		LATE NIGHT

DO YOU WANT TO PITCH YOUR OWN SHOW TO CITR? EMAIL THE PROGRAMMING MANAGER AT PROGRAMMING@CITR.CA TO LEARN HOW

<-hey, this kind of cell means this show is hosted by students They are also highlighted in this colour on the guide, you can't miss it.

..... monday

BREAKFAST WITH THE BROWNS

8AM-11AM, ECLECTIC Your favourite Brownsters.

James and Peter, offer a savoury blend of the familiar and exotic in a blend of aural delights breakfastwiththebrowns(

FILIPINO FRIDAYS 1PM-3PM, SPOKEN WORD

Filipino Fridays is a podcast for the modern Filipinx millennial.

programming@citr.ca PARTS UNKNOWN

11AM-1PM, ROCK/POP/INDIE Host Chrissariffic takes you on an indie pop journey not unlike a marshmallow sand wich: soft and sweet and best enjoyed when poked with a stick and held close to a fire. programming@citr.ca

TOO DREAMY

3PM-4PM, MUSIC/ELECTIC Let's totally crush on each other and leave mix tapes and love letters in each other's lockers xo audrey. programming@citr.ca

CUSHY RADIO

4PM-5PM, ROCK/POP/INDIE Cushy Radio is a weekly show hosted by Aly Laube, the co-owner of Cushy Entertain ment. The purpose of Cushy is to uplift and amplify the voices of marginalized artists through event production and promotion - a mission dear to Aly's heart as well as her business partner's, Mati Cormier. They're both queer women who grew up in the local music scene, and together they try to throw the most inclusive, accessible and fun parties possible.

programming@citr.ca THE ORCA MAN PODCAST ALTERNATING MONDAYS 6PM, SPOKEN WORD

Host Frederick DeNisco introduces the many characters who have created, developed and mutated The World of Orcas. This species has given him more joy than he knows what to do with, and now he's sharing that joy... with YOU!

programming@citr.ca THE BLUE AND GOLDCAST ALTERNATING MONDAYS 6PM

The Blue and Goldcast is a monthly podcast hosted by UBC President & Vice-Chancellor Santa J. Ono.

programming@citr.ca DELIBERATE NOISE

5PM-6PM, ROCK / POP / INDIE Love rocking out to live music, but don't feel like paying cover? Tune in for the latest and greatest punk, garage rock, local, and underground music, with plenty of new releases and upcoming show recommendations. Let's get sweaty.

 ninapanini1234@gmail.com **EXPLODING HEAD MOVIES** 7PM-8PM, EXPERIMENTAL Join Gak as he explores music from the movies, tunes from television, along with atmospheric pieces, cutting edge new tracks, and strange goodies for soundtracks to be. All in the name of ironclad whimsy.

 programming@citr.ca THE JAZZ SHOW

9PM-12AM, JAZZ

On air since 1984, jazz musician Gavin Walker takes listeners from the past to the future of jazz. With featured albums and artists, Walker's extensive knowledge and hands-on experience as a jazz player will have you back again next week. programming@citr.ca

. TUESDAY

PACIFIC PICKIN' 6AM-8AM, ROOTS/FOLK/BLUES Bluegrass, old-time music and its derivatives with Arthur and

the lovely Andrea Berman pacificpickin@yahoo.com INTERSECTIONS

10AM-11AM (MONTHLY), SPOKEN WORD Tune in monthly for conversations about gender, race to you by CiTR's Gende

Empowerment Collective! genderempowerment@citr.ca **DUNCAN'S DONUTS** 1PM-2PM, ROCK/POP/INDI

Sweet treats from the pop underground. Hosted by Duncan, sponsored by donuts. · duncansdonuts.wordpress.com

POWERCHORD 2PM-4PM, LOUD/METAL

Originally conceived by veteran heshers "Metal" Ron and Gerald "Rattlehead" in 1985, Powerchord ncouver's longest running

metal show! And the torch is still burning with current hosts Coleman, Justin, Ian, and Ferris, covering all sub-genres across the harsh landscape of heavy metal. New releases, local bands, the obscure, the classic, and everything in-between. programming@citr.ca

TEACHABLE MOMENTS TUES 4PM-5PM, TALK/POP a show with music about being uncool programming@citr.ca

INTO THE WOODS

TUES 5PM-6PM, ROCK/POP/INDIE Lace up your hiking boots and get ready to join Mel Woods as she explores music by female and LGBTQ+ artists. Is that a bear behind that tree? Nope, just another great track you won't hear anywhere else. We provide the music mix, but don't forget your own trail mix!

programming@citr.ca THERAPY HOUR

ALTERNATING TUES 6PM, SPOKEN WORD Therapy Hour is a bi-weekly radio show hosted every other Tuesday evening 6-7pm on CiTR by Holleh Hajibashi and Violet Myles. It discusses, researches, and contex-tualizes many of the issues young people face. The hosts use persona

anecdotes guided by academic research to cover topics related to human behaviour, gender roles, and relationship issues. By having the dynamic of a UBC Psychology student in conversation with an "audience stand-in", they engage in enriching dialogue on a variety of topics which might be typically covered in a therapy session.

programming@citr.ca I COME FROM THE MOUNTAIN

7PM-8PM, ECCLECTIC The show that doesn't happen on a physical mountain, but it does happen in the mountains of your mind. Bittersweet.

artcoordinator@citr.ca **CRIMES & TREASONS** 8рм-10рм, нір нор

Uncensored Hip-Hop & Trill \$h*t. Hosted by Jamal Steeles, Homeboy Jules, Relly Rels, Malik, horsepowar & Issa. dj@crimesandtreasons.com
 crimesandtreasons.com

OFF THE BEAT AND PATH

10PM-11PM, TALK / MUSIC Host Issa Arrian, introduces ou to his various interest you to his various interes through his unique lens. From news, pop culture, to sports. Issa will surely have an interesting take, that is undeniable.

programming@citr.ca STRANDED: CAN/AUS MUSIC SHOW

If you're into 90's nostalgia, Anita B's the DJ you for. Don't miss her spins, every Wednesday. 11PM-12AM, ROCK/POP/INDIE Join your host Matthew for a weekly mix of exciting sounds past and present, from his Australian homeland. Journey THUNDERBIRD EYE with him as he features fresh 8:30 pm, sports/commentary tunes and explores alternative CiTR Sports interviews UBC's

musical heritage of Canada programming@citr.ca PLANET FHLOSTON 11PM-12AM, IMPROVISED MUSIC A late night exploration into the depths of the unknown..

 programming@citr.ca

WEDNESDAY

CANADALAND 7AM-8AM, NEWS/SPOKEN WORD CANADALAND is a news site and podcast network funded by its audience. Their primary focus is on Canadian media, news current affairs, and politics.

programming@citr.ca SUBURBAN JUNGLE 8AM-10AM, ECLECTIC

Live from the Jungle Room, join radio host Jack Velvet for music, sound bytes, information and insanity. dj@jackvelvet.net

MUSIC IS GOOD

10AM-11:30PM, TALK/MUSIC Hev! Welcome to Music is od, the podcast where we pick a random album every week and discuss it, with your hosts Devalin, Annie and Tuesday. programming@citr.ca

THUNDERBIRD EYE 3PM-4PM, SPORTS/SPOKEN WORD programming@citr.ca

THE SHAKESPEARE SHOW 12PM-1PM, ECLECTIC Dan Shakespeare is here with

music for your ears. Kick back with gems from the past, present, and future. Genre need not apply.

programming@citr.ca

• LA BONNE HEURE WITH VALIE 1PM-2PM A new show on the air?! From mellow and indie, to nore experimental, join 'La Bonne Heure' for a little bit

of it all – both in English and en Français! With som interviews on the horizon and many good times too... soyez sûr de nous rejoindre! programming@citr.ca

ALL ACCESS PASS ALTERNATING WED 2PM-3:30PM, TALK/ACCESSIBILITY POLITICS/ DISABILITY

We talk about equity, inclusion, and accessibility for people with diverse abilities, on campus and beyond. Tune in every second Wednesday from 3-4pm for interviews, music proce, quests, and music, news, events, and awesome dialogue

Twitter: @access_citi ARTS REPORT 5PM-6PM, TALK/ ARTS & CULTURE

The Arts Report on CiTR brings you the latest and upcor ng in local arts in ncouver from a voluntee run team that likes to get weird! Based primarily in Vancouver, BC, your show hosts (Ashley and Jake) are on the airwaves. arts@citr.ca

ALTERNATING WED 6PM-8PM, SPOKEN WORD

Research Review features

a different UBC-affiliated

endeavour to showcase a

broad range of change-makers

from a range of unique disciplines. Our show, featuring hosts Alirod Ameri

and Gurmaan Gill, highlights

format that is accessible and

programming@citr.ca

engaging for all audiences.

ALTERNATING WED 6PM-8PM ECLECTIC/PERFORMANCE

Broadcasting Healing Energy

with LIVE Music and laughter

industry guests and hopefully

order to unite and share with honest human expression.

We encourage and promote

independent original, local

live music, art, compassion

ALTERNATING WED 6:30PM-8PM, ROCK/POP/INDIE

programming@citr.ca

programming@citr.ca

ier athletes, discovers

the off-field stories of the

Thunderbirds, and provi your weekly roundup of UBC sports action with

hosts who are a little too

NINTH WAVE

passionate about the T-birds

9PM-10PM, HIP HOP/ R&B/ SOUL

Between the Salish sea and

mountains, A-Ro The Naut

explores the relationships

of classic and contemporar stylings through jazz, funk and hip hop lenses.

10-11PM, INTERVIEW/ECLECTIC

Seasons of Life interviews

a new guest (almost) every

their Life and the soundtrack that went with it.

programming@citr.ca

week about a Season of

11PM-1PM, INDIGENOUS MUSIC

programming covering

Savages features indigenous

traditional and contemporary

.....

THURSDAU

OFF THE BEAT AND PATH

Host Issa Arian introduces

you to topics through his unique lens. From news,

to pop culture and sports,

Issa has the goods.

6am-7am, talb

CRIPTIMES

artists, musical releases, and current cultural affairs.

SEASONS OF LIFE

LATE NIGHT WITH

Late Night With

THE SAVAGES

Facebook: NinthWaveRadio

the snow capped rocky

programming@citr.ca

and community building

SAMSOUANTCH'S

HIDEAWAY

A multi-media variety show, featuring LIVE music,

some insight. We consider

the material presented to

be therapeutic relief for

the global community, in

cutting-edge work in a

THE MEDICINE SHOW

researcher during each bi-weekly show, as we

RESEARCH REVIEW

12PM-1PM, ROCK/POP/INDIE Sweet treats from the pop underground. Hosted by Duncan, sponsored by donuts. duncansdonuts.wordpress.com

home, and getting creative with new ways to stay in community with one another.

At the beginning of the

COVID-19 lockdown, many

of us were wondering hov

of intimacy and connection

crip arts spaces. Out of this

ve could maintain the sense

that we get from gathering in

desire, Crip Times was born: a

new interview podcast series produced and hosted by Yousef Kadoura, Kayla Besse, and Kristina McMullin. Crip

Times is a project of Bodies

in Translation and Tangled

Art + Disability and hosted

ROCKET FROM RUSSIA

9AM-10AM, PUNK

on Andrew Gurza's Wheels on the Ground podcast network.

Hello hello hello! I interview

bands and play new, international, and local punk

rocketfromrussia.tumblr.com
 rocketfromrussiacitr@gmail.com

 @tima_tzar
 Facebook: RocketFromRussia

rock music. Broadcasted

by Russian Tim in Broken

English. Great Success!

OR ANGE GROVE RADIO

Orange Grove Radio Episode 7 is

here! Featuring the best and bright-

programming@citr.ca

11PM-12PM, JAZZ

est in Canadian Jazz.

DUNCAN'S DONUTS

programming@citr.ca

CUSHY RADIO

1PM-2PM, ROCK/POP/INDIE Cushy Radio is a weekly show hosted by Aly Laube, the co-owner of Cushy Entertainment. The purpose of Cushy is to uplift and amplify the voices of marginalized artists through event production and promotion - a mission dear to Aly's heart as well as her business partner's, Mati Cormie They're both queer women who grew up in the local m scene, and together they try to throw the most inclusive, acces-

2PM-3PM, TALK/SCIENCE Stars and the Solar System

> • AGAINST THE CURRENT 3PM-4PM, SPOKEN WORD/NEWS News from Vancouver. Brought to you by the News Collective at CiTR 101.9 FM.

NOISE IS FOR HEROES

DJ Cameron Mac

ALTERNATING THURS 4PM, SPOKEN WORD

A radio show hosted by DJ D-Rod (México) and DJ Bruja (Bolivia/Colombia), two pretend adults dealing with college life and post-college unemployment life (pray for us, gracias).

programming@citr.ca DEAD SUCCULENT HAUNT 5PM-6PM, ROCK/POP/INDIE

programming@citr.ca

A plant- and nature-based alternative music show for everyone from the experts to the over-waterers.

K-POP CAFE

ALTERNATING THURS 6PM-7PM, K-POP/ECCLECTIC/NEWS Javden focuses on Korean Culture, News, Music, Movies, and TV Shows as well as Korean Society here in Vancouver through Korean Food, Guests and Korean Language Lessons.

programming@citr.ca 2010 RADIO

ALTERNATING THURS 6PM-7PM, INDIE/ELECTRONIC 2010 Radio is hosted by 2010 Records' founder Charlie D. The show focuses primarily on indie-electronic music music that is electronic in nature but usually includes a vocal element. Expect to hear the latest and greatest from mainly Canadian artists in

this genre and the occasional interview with said artists! programming@citr.ca THE BLUE HOUR

7PM-8PM, SPOKEN WORD The Blue Hour is a conversation a dialogue about life, literature, science, philosophy and everything in between.

programming@citr.ca programming@citr.ca 7AM-8:30AM, TALK/DISABILITY

Disabled people have long been experts at staying at

AFRICAN RHYTHMS

• FRIDAY NIGHT FEVER

6PM - 7:30PM, DISCO/R&B

Friday Night Fever – an

exploration into the disco

Priday, join Sophie and Max on a journey of disco, funk, and RnB on CiTR 101.9. Night-time is just around the

ner, so get ready to head

programming@citr.ca

programming@citr.ca
 Twitter: @pbone

out with some groovy tunes

7:30PM-9PM, ROCK/POP/INDIE

Formerly on CKXU, Canada

to the best in post-rock, drone, ambient, experimental.

your host Pbone can put

Post Rock remains committed

noise and basically anything

the word "post" in front of

9PM-10PM, TALK/RADIO DRAMA

entertainment through the

art of Radio Drama. Story

readings, poetry recitals, drama scenes, storytellers, join host Brian MacDonald.

performing? Guest artists are

always welcome, contact us!

.

SATURDAU

8AM-12PM, ROOTS/BLUES/FOLK

Now in its 31st year on CiTR.

The Saturday Edge is my personal guide to world & roots music, with African,

Latin and European music

POWERCHORD

1PM-3PM, LOUD/METAL

music that's on the

Bridget and Andy!

CODE BLUE

MANTRA

in the first half, followed by

Celtic, Blues, Songwriters, Cajun and whatever else fits!

Vancouver's longest running

metal show. If you're into

heavier/darker side of the

spectrum, then you'll like it. Sonic assault provided by Coleman, Serena, Chris,

3PM-5PM, ROOTS/FOLK/BLUES

low-down slide to urban harp

codeblue@paulnorton.ca

From backwoods delta

honks, blues and blues roots with your hosts Jim, Andy and Paul.

ALTERNATING SAT 5PM-6PM, ELECTRONIC/MANTRA/NU-GAIA

Mantra showcases the many

traditional, contemporary

features an eclectic array of

and places of planet earth

6PM-7PM, TALK/RUSSIAN

program in Russian.

ALTERNATING SAT 8PM, ELECTRONIC / RAVE

NASHA VOLNA

MUZIK BOX

anthems.

electronic and acoustic beats, music, chants and poetry from the diverse peoples

mantraradioshow@gmail.com

Informative and entertaining

Muzik Box features a selection of

early house, classic techno, acid house, and classic hardcore rave

9PM-11PM, ELECTRONIC/RETRO/ TECHNO

Every show is full of electro

bleeps, retrowave, computer generated, synthetically manipulated aural rhythms.

If you like everything from

electro / techno / trance /

8bit music / and retro '80s

this is the show for you!

11PM-1AM, EXPERIMENTAL

of genre, style, political

boundaries or even space-

time relevance. Lately we've

fixed our focus on a series, The Solid Time of Change, 661 Greatest Records of the

661 Greatest Records of

Prog. Rock Era - 1965-79.

We're not afraid of noise.

.....

sunday

THE ABSOLUTE VALUE OF INSOMNIA

2AM-3AM, EXPERIMENTAL/

4 solid hours of fresh

generative music c/o the

Ideal for enhancing you

Absolute Value of Noise and

its world famous Generator

dreams or, if sleep is not on

programming@citr.ca

your agenda, your reveries.

GENERATIVE

Randophonic has no concept

RANDOPHONIC

SYNAPTIC SANDWICH

nashavolna@shaw.ca

programming@citr.ca

programming@citr.ca

programming@citr.ca

and futuristic. The show

faces of sacred sound

steveedge3@mac.com

programming@citr.ca

Twitter: @Skalds_Hal

Have an interest in

THE SATURDAY EDGE

Skald's Hall focuses on

Stay up, tune in, zone out.

SKALD'S HALL

CANADA POST ROCK

PACIFIC PICKIN'

8AM-10AM, ROOTS/FOLK/BLUE-GRASS

aired on Tuesday mornings, brings you the best in

bluegrass plus its roots and

country, rockabilly, western swing and whatever jumps off the shelves at us. Most

shows have an artist feature

historical recordings and the

pacificpickin@yahoo.com

and a gospel set. Hear the

latest releases right here

10AM-12PM, INTERNATIONAL/ AMHARIC/ ETHIOPIAN

2 hour Ethiopian program on

Sundays. Targeting Ethiopian people and aiming to encour-

aging education and personal development in Canada.

Playing the best in roots rock

reggae, Dub, Ska, Dancehall with news views & interviews

3PM-4PM, INTERNATIONAL/LATIN AMERICAN

Let's get your party started with "La Fiesta"! Tune in every second Sunday from 3-PM with your host DJ MIXXX.

Listen to internationally

acclaimed Radio Latina

Caliente that makes your

and get you ready for your

night out! La Fiesta - hot,

ALTERNATING SAT 12PM-1PM, INTERNATIONAL/LATINX

The Reel Whirled is an hour

long adventure through the world of film, sometimes focused around the UBC Film Society's scheduled program.

ming where we connect with

campus organizations and

local cinematic events to

talk about films and stuff.

8pm-9pm, international/bha· jans/qawwalis/sufi

different languages, poetry and guest interviews. Dance,

Folk, Qawwalis, Traditional,

Bhajans, Sufi, Rock &

Pop. Also, semi-classical

nd classical Carnatic &

1950s to 1990s and beyond

TECHNO PROGRESSIVO

8pm-9pm, electronic/ deep house

A mix of the latest house mu

sic, tech-house, prog-house

and techno + DJ / Producer

interviews and guest mixes

9PM-11PM, ELECTRONIC/TRANCE

broadcasting from Vancouver, BC since 2001. We favour

Psytrance, Hard Trance and

Hard Dance and even some Breakbeat. We also love a good Classic Trance Anthem,

Epic Trance, but also play

Acid Trance, Deep Trance

especially if it's remixed.

djsmileymike@trancer

THE AFTN SOCCER SHOW

show is centered around

Vancouver Whitecaps, MLS and the world of football. Est. in 2013, the

show features roundtable

chat about the week's big

talking points, interviews with the headline makers,

a humorous take on the latest happenings and even

some soccer-related music. If

you're a fan of the beautiful game, this is a must-listen

.....

lsland °f

Lost Toys

• STUDENT PROGRAMMING

Marks any show that is pro

CITR GHOST MIX

ANYTHING/EVERYTHING

duced primarily by students.

Late night, the on air studio

is empty. Spirits move from

our playlist to your ear holes. We hope they're kind, but we make no guarantees.

ECLECTIC

programming@citr.ca

This weekly soccer discussion

11PM-12AM, TALK/SOCCER

ce.net

Trancendance has been

TRANCENDANCE

programming@citr.ca

Hindustani music and old Bollywood numbers from the

rhythmsindia8@gmail.com

Presenting several genres of rich Indian music in

RHYTHMS INDIA

programming@citr.ca

programming@citr.ca

sultry and all you.

REEL WHIRLED

body move and your heart beat. Lose yourself in the sounds that will fill your soul

THE ROCKER'S SHOW

All reggae, all the time.

12PM-3PM, REGGAE

LA FIESTA

programming@citr.ca

programming@citr.ca

n 3-5

SHOOKSHOOKTA

branches: old time, classic

Pacific Pickin', originally

8PM-9PM, R&B/SOUL/JAZZ/ INTERNATIONAL Your Host. David Love Jones, plays a heavyweight selection of classics from the past, present, and future. This includes jazz, soul, hip-hop, Afro-Latin, funk, and eclectic Brazilian rhythm There are also interviews with local and international artists. Truly, a radio show with international flavor.

programming@citr.ca LIVE FROM THUNDERBIRD RADIO HELL

9PM-11PM, ROCK/POP/INDIE Thunderbird Radio Hell features live band(s) every week performing in the comfort of the CiTR lounge. Most are from Vancouver, but sometimes bands from across the country and

around the world are nice

enough to drop by to say hi

programming@citr.ca COPY/PASTE

11PM-12AM, ROCK/POP/INDIE Thunderbird Radio Hell features live band(s) every week performing in the comfort of the CiTR lounge Most are from Vancouver, but sometimes bands from across the country and around the world are nice enough to drop by to say his programming@citr.ca

. FRIDAU

The drug war, covered by drug

users as war correspondents Crackdown is a monthly

podcast about drugs, drug policy and the drug war led by drug user activists and

supported by research. CiTR

is airing all episodes weekly

8AM-10AM, TALK/POLITICS

In case you missed them

on Tuesday, tune in to Queer FM's rebraodcast on Friday morning!.

• FLOWER POWER HOUR

10AM-11AM, NEW MUSIC/EC-CLECTIC

The Flower Power Hour, hosted Fri-days 10am-11am by Aaron Schmidt-ke and Sasha Balazic, is designed to

give a platform for artists that are

underrepresented or underappre-ciated that we really dig. While the primary focus of the Flower Power

Hour is to play quality music to ease listeners into their afternoons,

it is also to educate them on these

artists played through interviews.

programming@citr.ca

programming@citr.ca

dialogue and event coverage.

12PM-1PM, EXPERIMENTAL/ IMPROV

Using found sounds, new

that inspires me (and

DAVE RADIO WITH RADIO DAVE

12PM-1PM, TALK/THEATRE

Your noon-hour guide to

what's happening in Music

daveradiopodcast@gmail.com

and Theatre in Vancouver

ALTERNATING FRI 1PM-2PM, COMMENTARY/SPOKEN WORD

Colourful conversation:

is a podcast dedicated to

exploring topics around identity, visibility and intersectionality. Tune in

BEPI CRESPAN PRESENTS

2PM-3:30PM, EXPERIMENTAL / DIFFICULT MUSIC

RADIO ART in a snack size

electronics, spoken word,

cut-up/collage and general CRESPAN© weirdness.

3:30PM-5PM, MUSIC/INTERVIEWS

Join Nardwuar, the Human

Serviette for an hour and

Clam Chowder flavoured

doot doo... doot doo!

• PHONE BILL

5PM-6PM. ECCLECTIC

entertainment. Doot doola

Hey there you've reached Phone Bill on CiTR 101.9FM. So sorry we can't take you're call right now,bu please tune on Fridays at 5pm for the freshest guest-curated pludict for a screwe the country

playlists from accross the country!

programming@citr.ca

a half of Manhattan

NARDWUAR PRESENTS

format! Difficult music, harsh

CITR's 24 HOURS OF

monthly as we explore what it means to be a young person of colour in Canada today.

programming@citr.ca

Twitter: @bepicrespan

Lots of tunes and talk.

• COLOURFUL CONVERSATIONS

music, and an eclectic vinyl library join me, chronfused as I mish mash everything

anything you send in) into new improvised tunes.

MUSE-ISH

queerfmvancouver@gmail.com

@crackdownpod

CRACKDOWN 7AM-8AM, TALK/NEWS/POLITICS

OUEER FM

sible, and fun parties possible.

programming@citr.ca ASTROTALK

Space is an interesting place Marco slices up the night sky with a new topic every week. Death Starts, Black Holes, Big Bang, Red Giants, the Milky Way, G-Bands, Pulsars, Super programming@citr.ca

programming@citr.ca

ALTERNATING THURS 4PM, SPOKEN WORD An eclectic mix from

 programming@citr.ca VIVAPORŰ

	SEPT - OCT	2021		U
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2	Breeze*	Only Up	Hand Drawn Dracula	nəəc
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4	Jayli Wolf*	WILD WHISPER	ALT EDEN / FONTANA NORTH	rts reflect what's been played most on
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INDIGENOUS OWNED INDEPENDENT



www.massybooks.com



VANPODFEST Online Nov 2018

THE EXPANDING UNIVERSE OF PODCASTING with KELLY&KELLY

WHY WE STARTED A PODCAST COMPANY IN A PANDEMIC with MEDIA GIRLFRIENDS

PODCASTING CLIMATE CHANGE FREE EVENT

BUILDING AN AUDIENCE FOR YOUR INDIE PODCAST

PASSES ON SALE NOW





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